

November 2009

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A variety of milk offered daily. Special diets are available with a doctor's note and menu. Offer vs Serve is implemented.

Monday	Tuesday	Wednesday	Thursday	Friday	
2-Nov Cereal or Cinn Glzd Toast Fruit/Juice Lasagna Chicken Nuggets Green Beans Breadstick Fruit	3-Nov Cereal or Egg Patty/Biscuit Fruit/Juice Cheese Quesadilla or Philly Chs Stk on Bun Pinto Beans Fruit	4-Nov Cereal or Cinn Roll Graham Cracker Fruit/Juice Rib B Que or Meatball Sandwich Peas & Carrots Fruit Carrot Sticks Cookie	5-Nov Cereal or Eggs Toast / Sausage Link** Juice Pizza, Cheese Salad Corn Fruit	6-Nov Cereal or Muffin Toast/Grape Juice Fruit/Juice EARLY RELEASE Ham/Ch Sandwich Pretzel Fruit Pickle Spears	
9-Nov Cereal or Brk Pizza Fruit/Juice Popcorn Chicken or Chicken Spaghetti Green Beans Fruit Bread Stick	10-Nov Cereal or Brk Burrito Graham Cracker Fruit/Juice Frito Pie or Chili w/Crackers Pinto beans Salad Fruit	11-Nov Cereal or Cinn Roll Graham Cracker Fruit/Juice Hot Dog/Chili Dog or Ham & Cheese Sandwich Carrot Sticks Veggie Beans Fruit	12-Nov Cereal or Eggs Toast / Sausage Link** Juice Pizza, Pepperoni Corn Fruit	13-Nov Cereal or Muffin Toast/Grape Juice Fruit/Juice Hamburger/Cheeseburger Pretzels Fruit Pickle Spears Cookie	
16-Nov Cereal or French Toast Stick Fruit/Juice Fish Shapes or Chicken Taco Chili Beans Fruit Cookie	17-Nov Cereal or Omelet Toast / Pears Fruit/Juice Chicken Nuggets or Taco Burger Pinto Beans Spanish Rice Fruit Ice Cream	18-Nov Cereal or Cinn Roll Graham Cracker Fruit/Juice Mini Corndogs or Ham & Cheese Sandwich Veggie Beans Carrot Sticks Fruit	19-Nov Cereal or Muffin Toast/Grape Juice Fruit/Juice Turkey/Dressing Green Beans Hot Roll Fruit Salad / Juice Spice Cake	20-Nov Cereal or Eggs Toast / Sausage Link** Juice Hamburger/Cheeseburger Cheetos Pickle Spears Fruit	
23-Nov Cereal or Pancakes Graham Crackers Fruit/Juice Chicken & Noodles or Zesty Cheese Rolls Green Beans Fruit Breadstick	24-Nov Cereal or Egg/Ham McMuffin Fruit/Juice EARLY RELEASE Turkey/Ch Sandwich Sun Chips Orange Wheels	25-Nov 26-Nov 27-Nov <h2 style="color: yellow; text-shadow: 2px 2px 4px black;">Thanksgiving Holiday</h2>			
30-Nov Cereal or Waffles Fruit/Juice BBQ Beef Sandwich or Grld Cheese Sandwich Baked Beans Peas & Carrots Fruit					

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